



**East Para
Primary School**

EASTERN VOICE



**Term 1 Week 9
30th March 2017**

CALENDAR DATES

TERM 1

Week 9

31/3/17 Netball
Presentation

Week 10

4/4/17 Years 6 Aquatics
5/4/17 Years 7 Aquatics

Week 11

12/4/17 SAPSASA
Athletics

**13/4/17 Last Day of
Term Early
Dismissal 2:15**

14/4/17 Good Friday

ASSEMBLY ROSTER

Week 9 Room 20

Week 10 Room 1

INTEGRITY

Be the best person you can be

Respect
Value yourself
and others.
Respect differences.

Trust
Believe positively
in others and they
will believe in you.

Caring
Care for yourself,
others and the
environment.

Honesty
Be open and
honest in all
that you do
and say.

Responsibility
Be responsible for
your actions.

From the Leadership Team

Hi All,

This year Em Huzzell and Maddy Gebert are taking part in the DECD 3D Printing in Primary Schools Project.

This project provides all our senior students with the opportunity to continue to develop their knowledge of 3D printing which commenced last year.

The school receives data about the number of students using the 3D software, the number of hours students use the software, as well as the number of designs created. Did you know that in March the students collectively created 546 designs and completed 203 design challenges many of which were undertaken at home?

This 3D project reflects the ongoing commitment that our school has in the application of IT to enrich learning opportunities for our students. Other examples of IT at EPPS include

- Flip learning, a pedagogical approach where IT is used to deliver instructions so that class time is focussed on deepening the learning.
- The use of the see-saw app. for assessment in which students (as young as Reception students) can record their own learning to share with their teacher who can view student posts in real time to evaluate.
- C.A.T.s (Cross Age Tutors) in which senior students have paired with their younger buddies to make videos using a variety of backgrounds.

I will continue to share with you examples of how teachers at EPPS use IT in their teaching and learning as the year progresses.

Ros Frost

Hi All,

Next week Aimie Menzel, Elissa D'Allocco and I will be attending a four day conference at Geelong Grammar on Positive Education.

The concept of Positive Education is based on the science of Positive Psychology. It is defined as,

"An education for both traditional skills and happiness" (Martin Seligman 2009).

"Positive Education brings together the science of Positive Psychology with best practice teaching and learning to encourage and support schools and individuals within their communities to flourish." (Geelong Grammar School 2011)

The course we are attending focuses on an evidence based approach to improving one's wellbeing. Evidence suggests that practising the skills and strategies of Positive Psychology on a daily basis can have the following benefits:

- Enhance resilience, positive emotion and health
- Identify and develop character strengths
- Build/improve engagement
- Increase gratitude
- Promote positive communication and positive relationships
- Improve performance and productivity.

From this training, Aimie, Elissa and I will be delivering professional development to the staff at EPPS throughout the rest of 2017. Our aim is to begin to teach these skills to the students and over time have them embedded across our site.

I would also like to include parents and carers in this journey. The first step to doing this will be to have one skill each week in the newsletter that you can practice with your child/ren at home.

I am really excited about what I believe to be an effective way of not only supporting our students wellbeing, but giving them the skills to manage the stresses of life by facing them head on flourishing.

Aaron McPherson

A word from our Captains

Hello, my name is Vance. I am the male **Fraser Eagles** Captain for 2017. In class this term we have been focusing on fractions in Maths. At first I found this challenging but by asking questions I now find it fun. In English we have been developing our understanding of persuasive writing. Again I found it challenging at first but with a growth mindset, I have improved dramatically. We have also been learning about mood and tone in Reading. This has helped me to locate implied information in my reading which has improved my writing. I now understand that it's important to allow the reader to understand the mood and tone embedded in texts.

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DECD website: www.decd.sa.gov.au

**THIS SCHOOL
PROMOTES A SMOKE
FREE ENVIRONMENT**



Government of South Australia
Department for Education and
Child Development

Values Awards

At EPPS, our **RITCHR** values are very important and are the basis for how we work and behave as a school community. Daily we see students at EPPS use **Respect, Integrity, Trust, Caring, Honesty** and **Responsibility**, so at assembly each week, we will acknowledge students who use these values consistently. *Week 8*



Name	Rm	Award
Efthymios Efthymiou	13	Responsibility
Tyler West	25	responsibility
Adriana Zenunaj	26	Integrity
Josie	21	Integrity
Nash Saler	1	Honesty
Cassie	11	Integrity
Kooper Deer	20	Responsibility

Netball News

Semi Finals Played 24/3/17

Congratulations to both Sub Junior teams on reaching the semi finals.

SUB JUNIOR 2 (Under 14)

East Para defeated Stradbroke 23-7
Good strong team effort. Wishing you the best of luck this week in the prelim final. **The match will be at 7pm at Emery Rd, Campbelltown.**

SUB JUNIOR 6 (Under 14)

East Para defeated Stradbroke 13-4
Fantastic game for their first ever finals appearance. Good luck in the grand final.

End of season presentation will be **Friday 31st March** in the hall from **3.30pm – 4.30pm**. Please bring a plate of food to share, drinks will be provided for all players.

Marie Moores Netball Co ordinator 0407 197 417

PARENT REMINDERS:

Play Equipment and Yard Rules

Children are not to run in the yard or play on the equipment before school.

Courtesy in the Drop off/ Pick Up Zone

Please be efficient, orderly and considerate when using the drop off/pick up zone morning and afternoon.

On entering the zone, please

- be aware children are present.
- pull out of the line of traffic into the drop off/pick up areas. Consider not stopping until you are on the northern side of the zone if there are vacant spots. This will ease the congestion.
- make sure children get in and out on the footpath side of the car.

If someone is not using the zone as it should be used, please report it to the front office. Do not take the matter into your own hands.

ADULT USE OF TOILETS AT SCHOOL

School/DECD policy prohibits the use of children's toilets by adults. Should you need to use a toilet for yourself or preschool aged child after 8:30am the following are available:

- The handicap toilet, located at the end of the main building accessed by the front door of the school or the entrance by Room 5 (music room).
- The staff toilet in the alcove of the Discovery Centre by Room 20.

Please do not use the Staff Room as there are often morning meetings in place.

Term 1 Week 9



Hamish

Kane

Bailey

Term 1 Week 10



Leila

Jessica

Taylor

**Traffic
Monitors**

THOUGHT FOR THE DAY - Be the reason someone smiles today!



Sunset Landscapes from Room 3



Community News

Soccer skills clinic: Enrolments for Term 2 now being accepted



First lesson Monday 01/05/2017

We believe youngsters deserve a great environment to improve their skills, enjoy the game and develop self-awareness! Would you choose State Soccer to provide that to your child?

Programs designed for Pre-Schoolers / Reception up to year 8.

Mondays at The Heights School at 2.45pm / 3.30 / 4.15pm.

Join State Soccer nation!

Phone: 8235 1877 or Email: admin@statesoccer.com.au

TRYSport SA



INDOOR SOCCER And BASKETBALL



- Mon Basketball** 4:00 - 4:50 grade 6/7 10 min practice 40 min game
- Mon Indoor Soccer** 5:00 - 5:40 grade 6/7/8 10 min Practice 30 min game
- THUR Basketball.** 4:00- 4:50 grade 4/5 10 min practice 40 min game
- Thur Indoor Soccer.** Starts in April
- Fri Basketball.** 4:00pm grade 1/3 20 min practice 30 min game
- 5:00pm grade 1/3. 20 min practice 30 min game
- FRI Indoor Soccer** 5:00 - 5:40 grade 1/3. 10 min practice 30 min game
- Fri BASKETBALL** 6:00- 7:00 grade 7/8/9. 5 min practice 50 min game

For more information contact Peter Skinner on. Mob: 0403497247. Email: peter@trysport.net.au

Karen Trevaskis on Mob: 0423250645 Email: karen@trysport.net.au

Cost \$7 each session and \$7 registration per season

Venue: Modbury High School community Stadium

Team Nominations will receive a registration discount Individuals will be placed into teams Would prefer a team manager for each team if possible

Like us on Facebook.



Headlice Removal Techniques

Eight Step Technique

1. Generously apply conditioner to dry hair to completely cover the scalp and the full length of the hair.
2. Untangle the hair with a wide-toothed comb.
3. Put the headlice comb flat against the scalp and draw the comb through each section of hair from the root of the hair to the ends.
4. Wipe the comb after each stroke onto white tissue or kitchen paper, checking each time for headlice and nits.
5. Repeat for every part of the head at least five times.
6. Dispose of tissues in a bin.
7. Wash the hair with warm water and shampoo; rinse thoroughly.
8. Scrub the comb with an old toothbrush in hot soapy water.

If you find live headlice, repeat steps 1 – 8, two to three times a week for three weeks.

When no more headlice or nits can be found, follow steps 1 – 8 once a week to keep everyone headlice-free.

Chemical Treatment

- Treatment preparations contain chemicals which can kill headlice and nits (eggs), although not all are effective against nits.
- Always follow the manufacturer's instructions.
- It is possible to catch headlice very soon after treatment.
- Only treat those people who have active headlice but continue to check everyone each day for 7-10 days.
- Headlice treatment preparations are available without a prescription.
- Always re-treat 7-10 days after the first treatment to kill any headlice that may have hatched from nits that survived the first treatment.

Chemical Treatment Precautions

Keep treatment preparations away from eyes, nose and mouth. Seek medical advice before use on pregnant or breast-feeding women, infants under two years old or people with sensitive skin.

The wet combing technique can be used as an alternative treatment.

Chemical Treatment Hints

Do not use hairdryers after applying a treatment preparation. The heat can destroy the active ingredient.

Avoid using hair conditioners (including 2-in1 shampoo and conditioners, and the wet coming technique) for a day before and after applying chemical treatment preparations. Conditioner can reduce the effectiveness of the treatment.

Treatment Failure

The most common reasons for treatment failure are:

- Not following the manufacturer's instructions.
- The resistance of headlice to the chemical used.
- Not repeating the treatment in 7 – 10 days (to kill headlice that have hatched from eggs that weren't killed in the first treatment).
- Getting headlice from an untreated person.

